



37TH ANNUAL CONFERENCE OF RAJASTHAN ORTHOPAEDIC SURGEONS ASSOCIATION

ORGANISED BY
DEPARTMENT OF ORTHOPAEDIC JLN MEDICAL COLLEGE & AJMER ORTHOPAEDIC SOCIETY, AJMER

9 10 11
JANUARY 2026

VENUE : JOLLYWOOD BANQUET AND RESORT, PUSHKAR

IOA President Theme

Old is gold, 360 degree care for elderly. Research, Innovation, Prevention, Treatment.

ROSA President's Theme:

One ROSA, One Family: Learning, Growing, Caring

Conference Theme

Excellence in Orthopaedic care : Research, innovate and collaborate

SCIENTIFIC PROGRAM



DAY - 1 (09TH JANUARY 2026)

09:00 AM-12:00 PM	Cadaveric Workshop on pelvi acetabulum at Anatomy Dissection hall	Faculty : Dr. Ramesh Sen Dr. Vikas Saxena Dr. Nishit Singhvi Dr. Himanshu Dr. Sandeep Yadav Dr. Kuldeep Nathawat Dr. Akshat Dr. Umesh Meena Dr. Pradeep Kumavat
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DAY - 1 (09TH JANUARY 2026)
HALL-A

Time	Topic	Speaker
12:00 PM-01:00 PM	Dr. Vinod Jaskaran Porwal Gold Medal Award Paper Presentation	Click Here
01:00 PM-02:00 PM	LUNCH	
02:00 PM-03:30 PM	THR: MASTERCLASS FROM FUNDAMENTALS TO COMPLEX REALITIES	
MODERATOR:- DR. RAHUL GARG CHAIRPERSONS : DR. C.S. YADAV, DR. MAHESH GUPTA, DR. SN DARGAR, DR. RAJKUMAR MEENA , DR. RP CHOUDHARY		
02:00 PM-02:08 PM	THR Essentials: Building the Perfect Foundation	Dr. Ajit Kumar
02:08 PM-02:16 PM	Re-Live Robotic THR: The Future of Accuracy in Hip Arthroplasty	Dr. Anoop Jhurani
02:16 PM-02:24 PM	Direct Anterior Approach: The Modern Pathway to Precision THR	Dr. R. P. Meena
02:24 PM-02:32 PM	Restoring Length & Offset: Achieving Symmetry in THR	Dr. Ashish Jaiman
02:32 PM-02:40 PM	Navigating Coxa Vara: Technical Pearls for a Stable THR	Dr. Ajit Kumar
02:40 PM-02:48 PM	When Everything Else Fails: Dual Mobility & Constrained THR	Dr. Simon Thomas
02:48 PM-02:56 PM	THR in Protrusio: Managing Medial Migration with Condence	Dr. Girish Devnani
02:56 PM-03:04 PM	Ankylosed Hip THR: Unlocking the Frozen Hip	Dr. Hemandra Agarwal
03:04 PM-03:12 PM	Complex Hip Recon: Real Cases, Real Solutions	Dr. Girish Devnani
03:12 PM-03:20 PM	THA in dysplastic Hip	Dr. Vijay Kumar
03:20 PM-03:30 PM	Discussion	
03:30 PM-05:00 PM	KNEE ARTHROSCOPY	
MODERATOR:- DR. RAKESH VERMA CHAIRPERSONS:-DR. HEMANT JAIN, DR. RAJAT JANGID, DR. SIDDHARTH SHARMA, DR. VIJAY KUMAR		
03:30 PM-03:38 PM	Save the Shock Absorber: Modern Meniscus Preservation Strategies	Dr. B. P. Sharma
03:38 PM-03:46 PM	ACL Healing Reloaded: Arthroscopic Primary Repair Techniques	Dr. Nishit V. Shah
03:46 PM-03:54 PM	ACLR Plus: Enhancing Stability with LET	Dr. Prathmesh Jain
03:54 PM-04:02 PM	Minimally Invasive ACLR: The All-Inside Philosophy	Dr. Nitesh Gehlot
04:02 PM-04:10 PM	The Forgotten Stabilizer: Posteromedial Corner Injuries of the Knee	Dr. Rajeev Raman
04:10 PM-04:18 PM	Multiligament Knee Injuries: Strategy, Sequencing, and Solutions	Dr. Vikram Sharma
04:18 PM-04:26 PM	Small Incision, Big Stability: Mini-Open Fixation of PCL Avulsions	Dr. Ravindra Lamoria

04:26 PM-04:34 PM	Second Chance Stability: Principles of Revision ACL Reconstruction	Dr. Ravi Gupta
04:34 PM-04:42 PM	Preserve Before You Replace: Modern Knee Preservation Surgery	Dr. Prathmesh Jain
04:42 PM-04:50 PM	Retrograde Drilling in PCL Reconstruction: The FlipCutter Advantage	Dr. Davinder Singh
04:50 PM-05:00 PM	Discussion	
07:00 PM-08:00 PM	INAUGURATION	
08:00 PM onwards	GALA DINNER	

DAY - 1 (09TH JANUARY 2026)
HALL-B

Time	Topic	Speaker
12:00 PM-01:00 PM	Dr. K.L. Khandaka Gold Medal Paper Award Presentation	Click Here
01:00 PM-02:00 PM	LUNCH	
02:00 PM-02:30 PM	MODERN HTO: ALIGNMENT, REALITY & PRECISION EXECUTION	
MODERATOR:- DR. MANISH SHARMA CHAIRPERSONS:-DR. MAHESH BANSAL, DR. DEVKANT MEENA, DRANURAG DHAKAR, DR. DEEPAK SHEKHAWAT		
02:00 PM-02:08 PM	Myths& Misconceptions in HTO: What Every Surgeon Should Know	Dr. Ravi Mittal
02:08 PM-02:16 PM	Planning HTO: Digital Tools, Execution & Avoiding Errors	Dr. John Mukhopadhyay
02:16 PM-02:24 PM	Opening wedge HTO in the Real World: Case-Based Pearls from Practice	Dr. D. S. Meena
02:24 PM-02:30 PM	Discussion	
02:30 PM-03:30 PM	UPPER LIMB TRAUMA SESSION THEME: "PRECISION FIXATION IN COMPLEX UPPER LIMB INJURIES"	
MODERATOR:-DR. ABHISHEK SAXENA CHAIRPERSONS:- DR. APPORVA SHASTRI, DR. R.C. MEENA, DR. ASHOK KHANDAKA, DR. NL JHAMARIA, DR. SANJAY JAGARWAL		
02:30 PM- 02:38 PM	Modern Nailing Techniques for Proximal Humerus Fractures - Simplifying the Complex	Dr. Shailesh Pai
02:38 PM-02:46 PM	Delayed Intercondylar Humerus Fractures - Contemporary Osteosynthesis Strategies	Dr. Ashish Jaiman
02:46 PM-02:54 PM	Distal End Radius Fractures - Restoring Wrist Anatomy with Evidence-Based Methods	Dr. Abhijeet Wahegaonkar
02:54 PM-03:02 PM	Terrible Triad of the Elbow - Mastering Stability and Functional Restoration	Dr. Narendra Saini
03:02 PM-03:10 PM	Scaphoid Non-union - Vascularity, Fixation & Biological Augmentation	Dr. Abhijeet Wahegaonkar
03:10 PM-03:18 PM	Fracture fixation and reconstruction of sternoclavicular fracture dislocation	Dr. Naresh Saini
03:18 PM-03:26 PM	Miros- A New method in osteoporotic fracture fixation	Dr. Susheel Choudhary
03:26 PM-03:30 PM	Discussion	
03:30 PM-05:00 PM	PELVI-ACETABULUM SESSION	
MODERATOR:- DR. SUMER SINGH CHAIRPERSONS:- DR. RC BANSIWAL, DR. RAJESH GOYAL, DR. MOHAN MANTRI, DR. RC CHOUDHARY, DR. MUKESH ASWAL, DR. SIMON THOMAS		
03:30 PM-03:38 PM	Acetabular fracture: Fixation strategies and reduction techniques	Dr. Ramesh Sen
03:38 PM-03:46 PM	Open book/APC pelvic injury: evaluation & management	Dr. Himanshu Kanani
03:46 PM-03:54 PM	Percutaneous fixation of pelvic & acetabular fractures	Dr. Nishit Sanghavi
03:54 PM-04:02 PM	Floating hip injuries: which to fix first?	Dr. Umesh Meena
04:02 PM-04:10 PM	Stoppa approach for ACPHT	Dr. Sandeep Yadav

04:10 PM-04:18 PM	Posterior column & wall fracture management	Dr. Akshat
04:18 PM-04:26 PM	Anterior column fixation tips & tricks	Dr. Rama Kishan
04:26 PM-04:34 PM	Decoding ABC fractures	Dr. Sandeep Yadav
04:34 PM-04:42 PM	Case based discussion	Dr. Akshat
04:42 PM-05:00 PM	Spino-pelvic Fixation	Dr. Rama Kishan

DAY - 1 (09TH JANUARY 2026)
HALL-C

Time	Topic	Faculty
12:00 PM-01:00 PM	Workshop on Miros	Dr. Sushil Choudhary Dr. Deepak Sahotra Dr. Nilay Hande Dr. Avinash
01:00 PM-02:00 PM	LUNCH	
02:00 PM-03:30 PM	E-Poster	Click Here.....
03:30 PM- 05:00 PM	Workshop on multilock Nailing for fracture proximal Humerus	Dr. Shailesh Pai Dr. Pradeep Khinchi Dr. Abhishek saxena



DAY - 2 (10TH JANUARY 2026)

HALL-A

Time	Topic	Speaker
09:00 AM-11:30 AM	OPTIMISING OUTCOMES IN PRIMARY TKR: TECHNIQUES THAT MATTER RELIVE SURGERIES	
MODERATOR:- DR. NITIN SANADHYA CHAIRPERSONS:- DR. NEERAJ AGARWAL, DR. RAJEEV BHARGAV, DR. MUKESH SAINI, DR. RAHUL GARG, DR. GOVIND NATANI		
09:00 AM-09:15 AM	Relive Surgery 1 – Robotic TKR	Dr. Anoop Jhurani
09:15 AM-09:30 AM	Relive Surgery 2 – Cementless TKR	Dr. C. S. Yadav
09:30 AM-09:35 AM	Discussion	
09:35 AM-09:43 AM	Management of bone defect in TKR	Dr. Vijay Sharma
09:43 AM-09:51 AM	TKR in Severe Varus and FFD Deformity	Dr. Arun Partani
09:51 AM-09:59 AM	Kinematic Alignment in Conventional TKR Why Kinematic Is Better Than Mechanical	Dr. S. S. Khatri
09:59 AM-10:07 AM	Patella in Total Knee Arthroplasty: Current Concepts, Controversies & Best Practices	Dr. Deepak Arora
10:07 AM-10:15 AM	Difficult Primary Knee – Is Constraint Justified?	Dr. Sumit Sharma
10:15 AM-10:23 AM	Management of Prosthetic Joint Infection After TKR	Dr. Simon Thomas
10:23 AM-10:31 AM	Impact of Posterior Tibial Slope on Flexion & Stability After TKR	Dr. R. P. Lohiya
10:31 AM-10:39 AM	TKR in Valgus Knee	Dr. Ajit Kumar
10:39 AM-10:44 AM	Discussion	
10:44 AM-11:20 AM	COMPLEX REVISION TKR: MANAGING BONE LOSS, INFECTION & INSTABILITY	
MODERATOR: DR. NITIN SANADHYA CHAIRPERSONS: DR. RPMEENA, DRMANISH DANKAD, MK CHOUDHARY, DR. VIJAY SHARMA		
10:44 AM-10:52 AM	Managing Complications After TKR	Dr. Kartik Shukla
10:52 AM-11:00 AM	TKA in extra Articular Deformity	Dr. Vijay Kumar
11:00 AM-11:08 AM	Stage Revision in Knee Arthroplasty – Tips & Tricks	Dr. Sumit Banerjee
11:08 AM-11:16 AM	Robotic CR TKA – is it solution for dissatisfied Patients	Dr. Rajeev Gupta
11:16 AM-11:20 AM	Discussion	
11:20 AM-11:30 AM	REIMAGINING ORTHOPAEDIC EDUCATION: THE IOA VISION FOR 2030"	Dr. Naveen Thakkar
	ORATIONS	
11:30 AM – 12:00 PM	Dr. P. K. Sethi Oration	Dr. Aanand Arya
12:00 PM-12:30 PM	Dr. J.C. Sharma Oration	Dr. Anil Arora
12:30 PM-01:00 PM	Dr. HR Jhunjhunwala Oration	Dr. Jaswant Singh
01:00 PM-01:30 PM	Dr. V. K. Panday	Dr. Purnima Patani
01:30 PM-02:00 PM	LUNCH	
02:00 PM-03:12PM	ADVANCED THR CHALLENGES: MASTERCLASS ON COMPLEX RECONSTRUCTION	
MODERATOR:- DR. DEEPAK JAIN CHAIRPERSONS:-DR. DEEPAK SAINI, DR. BR BAGARIA, DR. MAHENDRA BUDANIA, DR. SN SONI, DR. SANJAY RATHI		
02:00 PM-02:08 PM	THR After Failed Fixation: Cracking the Code of Difficult Conversions	Dr. Ajit Kumar
02:08 PM-02:16 PM	THR in Acetabular Defects: Strategies for Rebuilding the Socket	Dr. Ramesh Sen

02:16 PM-02:24 PM	Revision THR Planning & Extraction Techniques: A Blueprint for Success	Dr. Girish Devnani
02:24 PM-02:32 PM	Periprosthetic Fractures in THA: Modern Fixation Pathways	Dr. Jatin Talwar
02:32 PM-02:40 PM	Postoperative Instability in THR: Preventing and Managing the Unstable Hip	Dr. C. S. Yadav
02:40 PM-02:48 PM	Two-Stage THR for Septic Arthritis: Restoring the Hip After Infection	Dr. Prateek Goyal
02:48 PM-02:56 PM	THR in old Operated case Neck of femur & THR in fresh neck of femur incidence	Dr. Akash Agarwal
02:56 PM-03:04 PM	THR in ankylosing Spondylitis	Dr. Amandeep Bakshi
03:04 PM-03:12 PM	Hip Revision Recorded surgery with Reclaim Monobloc Revision stem .	Dr. Vishwas Sharma
03:12 PM-04:00 PM	UKR and Knee Preservation	
MODERATOR:- DR. MOHSIN KHAN CHAIRPERSONS:- DR. RATAN SHARMA, DR. RAJEEV SIWACH, DR. PRAMOD JAIN, DR. ARUN K SHARMA		
03:12 PM-03:20 PM	UKR - to minimize complication and optimize outcome	Dr. Saurabh Gupta
03:20 PM-03:28 PM	UKR - Mobile v/s fixed Bearing	Dr. Kartik Shukla
03:28 PM-03:36 PM	An arthritic knee needs surgical intervention - when you can consider partial knee as a definitive treatment?	Dr. Suryankant Purohit
03:36 PM-03:44 PM	What & How of the first few Oxford partial knee	Dr. Ashish Singhal
03:44 PM-03:52 PM	Biological augmentation in knee-PRP,stem cells and scaffolds	Dr. Subham Agarwal
03:52 PM-04:00 PM	Is Total Knee Arthroplasty Different in Rheumatoid Arthritis?	Dr. Nitin Sanadhya
04:00 PM-07:00 PM	GBM	
07:00 PM Onwards	BANQUET DINNER	

DAY - 2 (10TH JANUARY 2026)

HALL-B

Time	Topic	Speaker
09:00 AM-10:30 AM	LOWER LIMB TRAUMA SESSION "MASTERING THE ART OF COMPLEX LOWER LIMB FRACTURES"	
MODERATOR:-DR. SUMIT RAJ CHAIRPERSONS:-DR. ANAMENDRA SHARMA, DR. CK AMETA, DR. BLKUMAR, DR. DEEPAK CHAUDHARY		
09:00 AM-09:08 AM	Augmented fixation in proximal femoral fracture- enhancing stability for success	Dr. Kuldeep Nathawat
09:08 AM-09:16 AM	Fracture Neck of Femur in the Young - Preserving the Femoral Head	Dr. Shailesh Pai
09:16 AM-09:24 AM	Decoding Hoffa's Fracture - Hidden Injury, High-Stakes Fixation	Dr. Ajit Kumar
09:24 AM-09:32 AM	Dual Plating in Distal Femur Fractures - Concept, Stability & Outcomes	Dr. Naresh Porwal
09:32 AM-09:40 AM	Pilon Fractures - Strategies for Restoring the Distal Tibial Architecture	Dr. Ajit Kumar
09:40 AM-09:48 AM	Intra-articular Distal Femur Fractures - Contemporary Nailing Techniques	Dr. Shailesh Pai
09:48 AM-09:56 AM	Isolated Posterolateral Tibial Plateau Fracture - A Precise Approach to a Complex Corner	Dr. Rakesh Dukiya
09:56 AM-10:02 AM	Proximal Tibia Fractures - Practical Approach to Avoiding Complications	Dr. Shailesh Pai

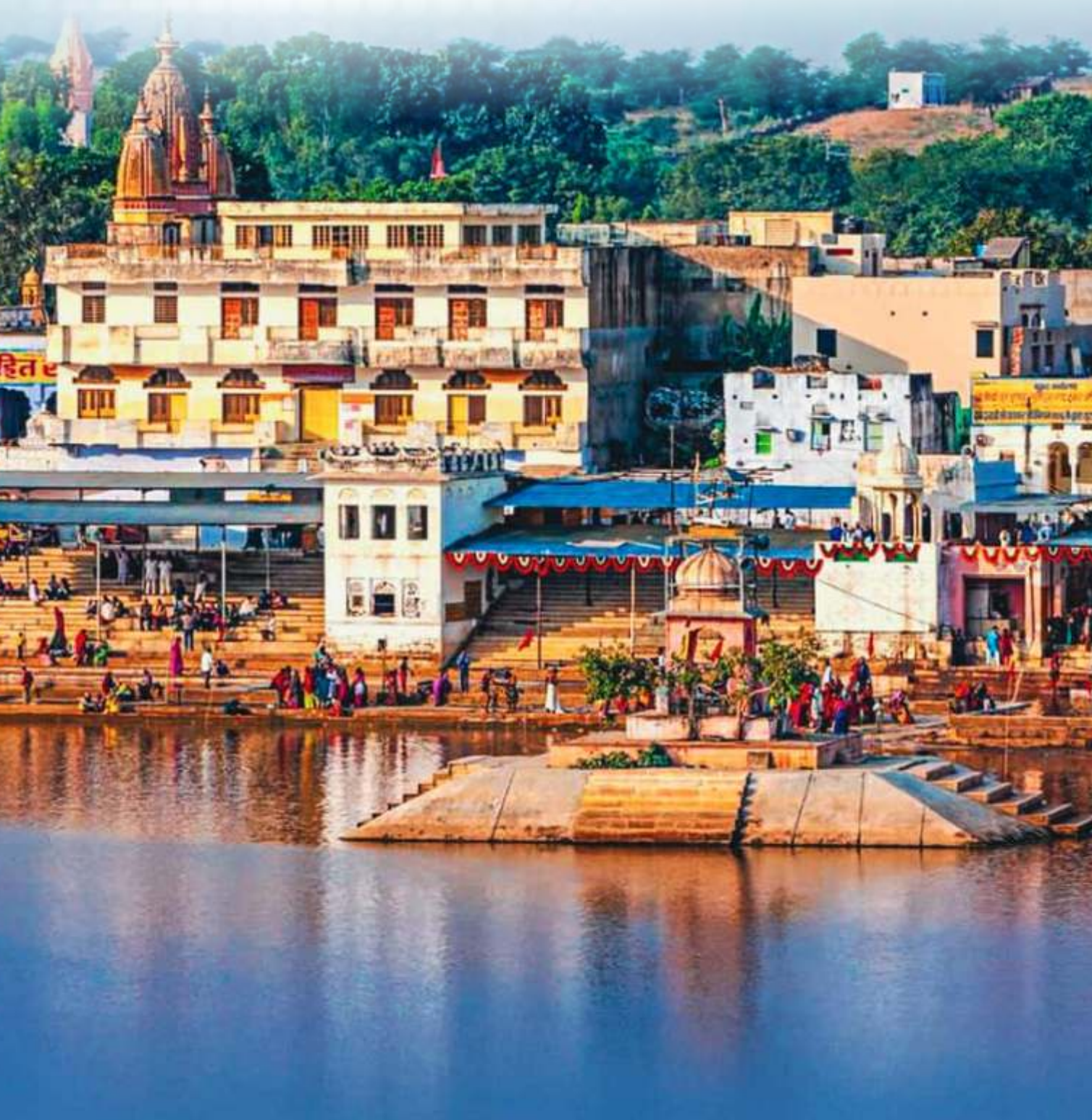
10:02 AM-10:10 AM	Management of peri prosthetic femur fracture post TKA	Dr. Manish Kumar Sharma
10:10 AM-10:18 AM	Failed Trochanteric fracture- Tips and tricks	Dr. Deepak Jain
10:18 AM-10:30 AM	Discussion	
10:30 AM- 11:30 AM	LIMB RECONSTRUCTION SESSION	
MODERATOR:- DR. UMESH SAMRIA CHAIRPERSONS:-DR. CS SHARMA, DR. KISHOR RAICHANDANI, DR. SUNIL RAWAT, DR. ASHOK MITTAL		
10:30 AM-10:38 AM	Principles and Biology in Ilizarov	Dr. Rajesh Rohilla
10:38 AM-10:46 AM	Bridging the Gap – Segmental Bone Loss Reconstruction	Dr. Ankit Chouhan
10:46 AM-10:54 AM	Healing the Unhealed – Non-union with Ilizarov	Dr. Rakesh Dukiya
10:54 AM-11:02 AM	Hexapod Systems (SURO and TRF)	Dr. D. S. Meena
11:02 AM-11:10 AM	Turning Steps Around – Ilizarov in Foot and Clubfoot Deformity	Dr. Vikas Verma
11:10 AM-11:18 AM	Optimizing Limb mechanics:Contemporary Role of Pelvic Support Osteotomy inHip Salvage	Dr. D.S. Meena
11:18 AM-11:20 AM	Discussion	
11:20 AM-11:30 AM	REIMAGINING ORTHOPAEDIC EDUCATION: THE IOA VISION FOR 2030” IN HALL A	Dr. Naveen Thakkar
11:30 AM-01:30 PM	ORATIONS IN HALL A	
01:30 PM-02:00 PM	LUNCH	
02:00 PM- 04:00 PM	SPINE	
MODERATOR:-DR. PRAVEEN GUPTA CHAIRPERSONS:-DR. ARUN VAISHYA,DR. ANURAG TALESARA, DR. VINAY JOSHI, DR. RK VERMA		
02:00 PM-02:08 PM	My Ten Mistakes - Journey of a Spine Surgery	Dr. Ram Chadha
02:08 PM-02:16 PM	UBE in cervical Pathologies	Dr. Malcolm Pestongi
02:16 PM-02:24 PM	UBE CERVICAL FORAMINOTOMY	Dr. Abhishek Kashyap
02:24 PM-02:32 PM	Use of tubular system in spine	Dr. Saijyot Raut
02:32 PM-02:40 PM	O arm in spine	Dr. Chirayu Pamecha
02:40 PM-02:48 PM	Recent updates on management of potts spine	Dr. Lalit Sharma
02:48 PM-02:56 PM	A new techniqe in spine Endoscopy UBE Endo TLIF	Dr. Namit Nitharwal
02:56 PM-03:00 PM	Discussion	
03:00 PM-03:08 PM	The untold side of the idiopathic curve: Convex rod technique explored	Dr. Tarun Dusad
03:08 PM-03:16 PM	Management of flexion- distraction injury of the spine	Dr. Umesh Kumar
03:16 PM-03:24 PM	Extrapedicular balloon kyphoplasty- An experimental techique-	Dr. Rahul Temani
03:24 PM-03:32 PM	Fluoroscopic Guided Caudal Epidural Steroid Block In Patients Of Low Back Pain	Dr. Surender Chopra
03:32 PM-03:40 PM	Discussion	
03:40 PM-03:50 PM	Panel discussion : Dorso lumbar spine fracture Case Presenter: Dr. Darshan Gautam	Panelist- Dr. Ram Chadda Dr. Malcolmpestonji Dr. Chirayu Pamecha Dr. Lalit Sharma
03:50 PM-04:00 PM	Panel Discussion: Spine infections Case Presenter: Dr. Mahendra Singh Tak	Panelist- Dr. S Sshankala Dr. Gireesh Gupta, Dr. Namit Nitharwal, Dr. Praveen Gupta, Dr. Avtar Balawat

DAY - 2 (10TH JANUARY 2026)

HALL-C

09:00 AM-10:30 AM	HAND SURGERY	
MODERATOR:-DR. C.L. NOGIA CHAIRPERSONS:- DR. SHIV BHAGWAN SHARMA, DR. ANIL GUPTA, DR. AKSHAY MEHRA, DR. NARENDRA JOSHI		
09:00 AM-09:08 AM	First Touch – Mastering Flexor & Extensor Tendon Repair	Dr. Amit Vyas
09:08 AM-09:16 AM	Nerves on Edge – Principles of Acute Nerve Repair	DR. Vinit Arora
09:16 AM-09:24 AM	Stable Hands – Advances in Fixation of Hand Fractures	Dr.Raghvendra
09:24 AM-09:32 AM	Timing is Nerve: Primary Surgical strategies in Brachial plexus Injuries	Dr. Yogesh Sharma
09:32 AM-09:40 AM	Throughthescope-EndoscopicandminimallyinvasiveHand Surgery	DR. Abhijeet Wahegaonkar
09:40 AM-09:48 AM	Principles and pitfalls in scaphoid non-union: A case based Discussion	DR. Vineet Arora
09:48 AM-09:56 AM	Hidden Disaster – Perilunate dislocation and how to not to miss it	DR. Amit Mittal
09:56 AM-10:04 AM	The cushion torn-TFCC Injuries: Diagnosis and management	DR. Abhijeet Wahegaonkar
10:04 AM-10:12 AM	Functional outcome of MIROS in distal end radius fracture using Modified Mayo Score.	DR. Nilay Hande
10:12 AM-10:20 AM	Discussion	
10:20 AM-11:20 AM	ORTHO – ONCO	
MODERATOR:- DR. ANKIT MITTAL, CHAIRPERSONS:- DR. R P ASAT, DR. AJAY SINGH PARIHAR, DR. NARESH GOYAL		
10:20 AM-10:28 AM	Bone Defect Management after Bone Tumor excision	Dr. Abhijeet Salunke
10:28 AM-10:36 AM	What Would You Do? Real-World Challenges in Onco-Orthopaedics	Dr. Pankaj Jain
10:36 AM-10:44 AM	Case Conundrums in Musculoskeletal Tumors	Dr. Rajkumar Harshwal
10:44 AM-10:52 AM	From Biopsy to Reconstruction: Interactive Tumor Board	Dr. Praveen Gupta
10:52 AM-11:00 AM	Gray Zones in Onco-Orthopaedics	Dr. Sandeep Yadav
10:00 AM-11:08 AM	Tumor Board Live: Audience-Driven Onco-Ortho Decisions	Dr. Saksham Sharma
11:08 AM-11:16 AM	Synovial sarcoma-A rare presentation (Fibular head)	Dr. Manish Dhankar
11:16 AM-11:20 AM	Discussion	
11:20 AM-11:30 AM	REIMAGINING ORTHOPAEDIC EDUCATION: THE IOA VISION FOR 2030” IN HALL A	Dr. Naveen Thakkar
11:30AM -01:30 PM	ORATIONS IN HALL A	
01:30 PM-02:00 PM	LUNCH	
02:00PM- 03:20 PM	Pediatric Orthopaedics	
MODERATOR : DR. AJAY GARG CHAIRPERSONS:-DR. KAPIL GANGWAL, DR. RATAN DAYMA, DR. MS CHOUDHARY,DR. BL CHOPRA		
02:00 PM-02:08 PM	The Pediatric Knee: Decoding Deformities – What Every Orthopaedist Must Know in 2025	Dr. Tushar Agarwal
02:08 PM-02:16 PM	Forearm Injuries in Children: The New Rules of Stability, Remodeling & Reduction	Dr. Deepak Jain (Mumbai)
02:16 PM-02:24 PM	How to fix fracture Lateral condyle humerus	Dr. Rajat Malot
02:24PM-02:32 PM	Fracture Neck femure – controversies	Dr. Gaurav Garg
02:32 PM-02:35 PM	Discussion	
02:35 PM-03:15 PM	Pediatric Ortho Blitz: 08 Cases in 40 Minutes – Cold vs Trauma Showdown	Dr. Tushar Agarwal
	Cold Cases:	
	1. Hip Dysplasia – Modern Screening, Missed Diagnosis & Smart Management	
	2. Perthes Disease – Navigating Stages	

	3. Osgood-Schlatter – Beyond Growing Pains	
	4. Infection Mimics – Red Flags vs Red Herrings	
	5. Sever’s Disease – Heel Pain Simplified	
	Trauma Cases:	
	1. Femur Shaft Fractures – Evidence-Based Fixation	
	2. Transitional Ankle Fractures – Tillaux& Triplane	
	3. Distal Femur Fractures – Growth Plate Danger Zone	
03:15 PM-04:00 PM	FREE PAPER	Click Here



DAY - 3 (11TH JANUARY 2026)

HALL-A

Time	Topic	Speaker
09:00 AM-10:12 AM	SHOULDER ARTHROSCOPY	
MODERATOR:- DR. MOHASIN KHAN CHAIRPERSONS:-DR. NAVEEN SHARMA, DR. VINOD PORWAL, DR. PRASHANT MODI, DR. NK GUPTA		
09:00 AM-09:08 AM	Mini-Open, Maximum Impact: The Art of Cuff Repair	Dr. Rakesh Verma
09:08 AM-09:16 AM	Single-Portal Bankart Repair: Simplicity, Precision & Efficiency	Dr. Davinder Singh
09:16 AM-09:24 AM	Tips & tricks in arthroscopic cuff repair	Dr. B. P. Sharma
09:24 AM-09:32 AM	"Irreparable Rotator Cuff Tears: Salvage, Solutions & Smart Choices	Dr. Vikram Sharma
09:32 AM-09:40 AM	Bankart Plus: The Power of Remplissage in Shoulder Instability	Dr. Rohan Vakta
09:40 AM-09:48 AM	A Lifetime with Shoulder Dislocations: Lessons from the Long Run	Dr. Ravi Gupta
09:48 AM-09:56 AM	SLAP Repair or Biceps Tenodesis: The Right Choice for the Right Patient	Dr. Abhishek Gupta
09:56 AM-10:04 AM	Massive Rotator Cuff Tears: My Algorithm, My Experience	Dr. Rajeev Gupta
10:04 AM-10:12 AM	Rotator Cuff Repair Constructs: Does Row Really Matter	Dr. Saumya Agarwal
10:12 AM-11:00 AM	Reverse Shoulder Arthroplasty: From Trauma to Triumph	
MODERATOR:- DR. ARUN RAJ PUROHIT CHAIRPERSONS:-DR. NAVEEN SHARMA, DR. VINOD PORWAL, DR. NK GUPTA		
10:12 AM-10:20 AM	Preventing Pitfalls in Latarjet Surgery: Lessons for Arthroplasty Surgeons	Dr. Prathmesh Jain
10:20 AM-10:28 AM	The Stiff Shoulder: Evaluation, Timing & Surgical Solutions	Dr. Rohan Vakta
10:28 AM-10:36 AM	Reverse Shoulder Arthroplasty in Trauma & Irreparable Cuff Tears: When and How	Dr. Hemant Jain
10:36 AM-10:44 AM	Managing Advanced Glenoid Bone Loss: Strategies That Matter	Dr. Lalit Modi
10:44 AM-10:52 AM	Reverse Shoulder Arthroplasty: Indications, Implant Choices & Outcomes	Dr. Prathmesh Jain
10:52 AM-11:00 AM	Tuberosity Management in RSA: Fixation Techniques & Functional Impact	Dr. Ravi Gupta
11:00 AM-01:00 PM	MOVE WITH NATURE	
MODERATOR:- DR. PRATEEK DARGAR CHAIRPERSONS:- DR. AK OJHA , DR. JC MAYANGER, DR. RAHUL KATTA, DR. RAKESH BHARGAV, DR. RAJESH GOYAL		
11:00 AM-11:20 AM	Philosophy of "Move with Nature" – Respecting Vascularity & Natural Healing	Dr. D.S. Meena
11:20 AM-11:40 AM	Who I Am: Reflections as an Orthopaedician	Dr. S.K. Bhaskar
11:40 AM-11:50 AM	Compartment Syndrome: Early Recognition & Management	Dr. Purmina Patani
11:50 AM-12:00 PM	Functional Cast Application – Upper & Lower Limb	Dr. Ratan Dyama
12:00 PM-12:10 PM	Malrotation & Angular Deformities: Identifying the Red Flags	Dr. D.S. Meena
12:10 PM-11:20 AM	When to Operate – Decision-Making Principles in Orthopaedic Care	Dr. S.K. Bhaskar
12:20 PM-12:30 PM	Principles of conservative management in Hand fractures & art of immobilisation	Dr. Purmina Patani
12:30 PM-12:40 PM	Amputation & Limb Salvage: From Limb Loss to Limb Independence	Dr. S.K. Bhaskar
12:40 PM-12:50 PM	Sarmiento's Concept in the Modern Era	Dr. Ratan Dyama
12:50 PM-01:00 PM	Discussion	
01:00 PM-01:30 PM	VALEDICTORY FUNCTION	
01:30 PM	LUNCH	

DAY - 3 (11TH JANUARY 2026)

HALL-B

09:00 AM-09:56 AM	NON-UNION MASTERCLASS THEME: "CRACKING THE CODE OF COMPLEX NON-UNIONS"	
MODERATOR:- DR. K. K. SHARMA CHAIRPERSONS:-DR. RAMNIWAS VISHNOI, DR. BL KHAJOTIYA, DR. MK YADAV, DR. OM PRAKASH MALAV , DR. MAHAVEER MALI		
09:00 AM-09:08 AM	Managing Infected Nonunions of the Humerus – Systematic Strategy for Salvage	Dr. Rajesh Rohilla
09:08 AM-09:16 AM	When the Humerus Refuses to Heal: Understanding & Managing Non-unions	Dr. Ashok Khandaka
09:16 AM-09:24 AM	Ilizarov in Pilon Fracture Non-union – When the Ring Truly Wins	Dr. Rajesh Rohilla
09:24 AM-09:32 AM	Bone Gap Non-union in Proximal Tibia – Ilizarov Reconstruction Techniques	Dr. Heeralal Dhawan
09:32 AM-09:40 AM	Ring Versus Rail in Infected Tibial Nonunions – Choosing the Right Frame	Dr. Rajesh Rohilla
09:40 AM-09:48 AM	Femur Non-union – Biological & Mechanical Keys to Union	Dr. Ankit Chouhan
09:48 AM-09:56 AM	Discussion	
09:56 AM-11:20 AM	FOOT AND ANKLE SESSION	
MODERATOR:- DR. MOHAMMAD SUHAIL KHAN CHAIRPERSONS:-DR. RC DAKHA , DR. TRILOK GUPTA, DR. ARVIND BOHRA, DR. DHANRAJ MADHUR		
09:56 AM-10:04 AM	Arthroscopic ATFL Repair: Technique & Pearls	Dr. Davinder Singh.
10:04 AM-10:12 AM	Flatfoot: Evaluation & Current Surgical Approaches	Dr. Rahul Upadhyay
10:12 AM-10:20 AM	Arthroscopic ATFL Repair: Technique & Pearls	Dr. Davinder Singh
10:20 AM-10:28 AM	CTEV: Modern Concepts & Management	Dr. Om Shah
10:28 AM-10:36 AM	Management of Foot Drop & ATFL Repair Insights	Dr. Girish Gupta
10:36 AM-10:44 AM	OCD Talus: Decision Making & Surgical Options	Dr. Davinder Singh
10:44 AM-10:52 AM	Fractures of the Talus – Decision-Making & Complication Avoidance	Dr. Kishore Dudhat
10:52 AM-11:00 AM	Management of fracture calcaneal Sanders' type 3b, 3c	Dr. Jayant Sen
11:00 AM-11:08 AM	Lisfranc Injury – Key Principles & Surgical Approaches	Dr. Kishore Dudhat
11:08 AM-11:20 AM	Discussion	
11:20 Onwards	FREE PAPER	Click Here
01:00- 01:30 PM	VALEDICTORY	
01:30 PM	LUNCH	

DAY - 3 (11TH JANUARY 2026)

HALL-C

09:00 AM-01:00 PM	FREE PAPER	Click Here
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